

WORKBOOK

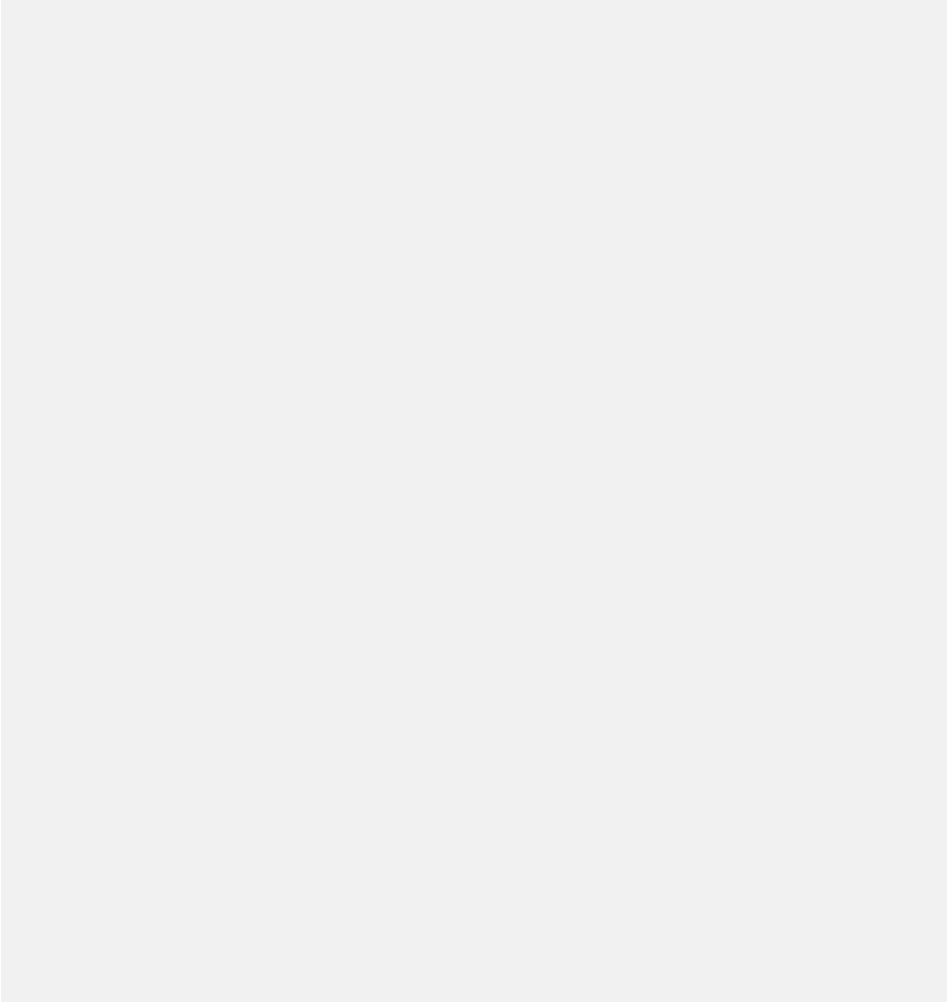


- 1 My Personal Forgiveness Mantra**
- 2 What Had Happened Was**
- 3 Monthly Income**
- 4 Monthly Expenses**
- 5 Liabilities**



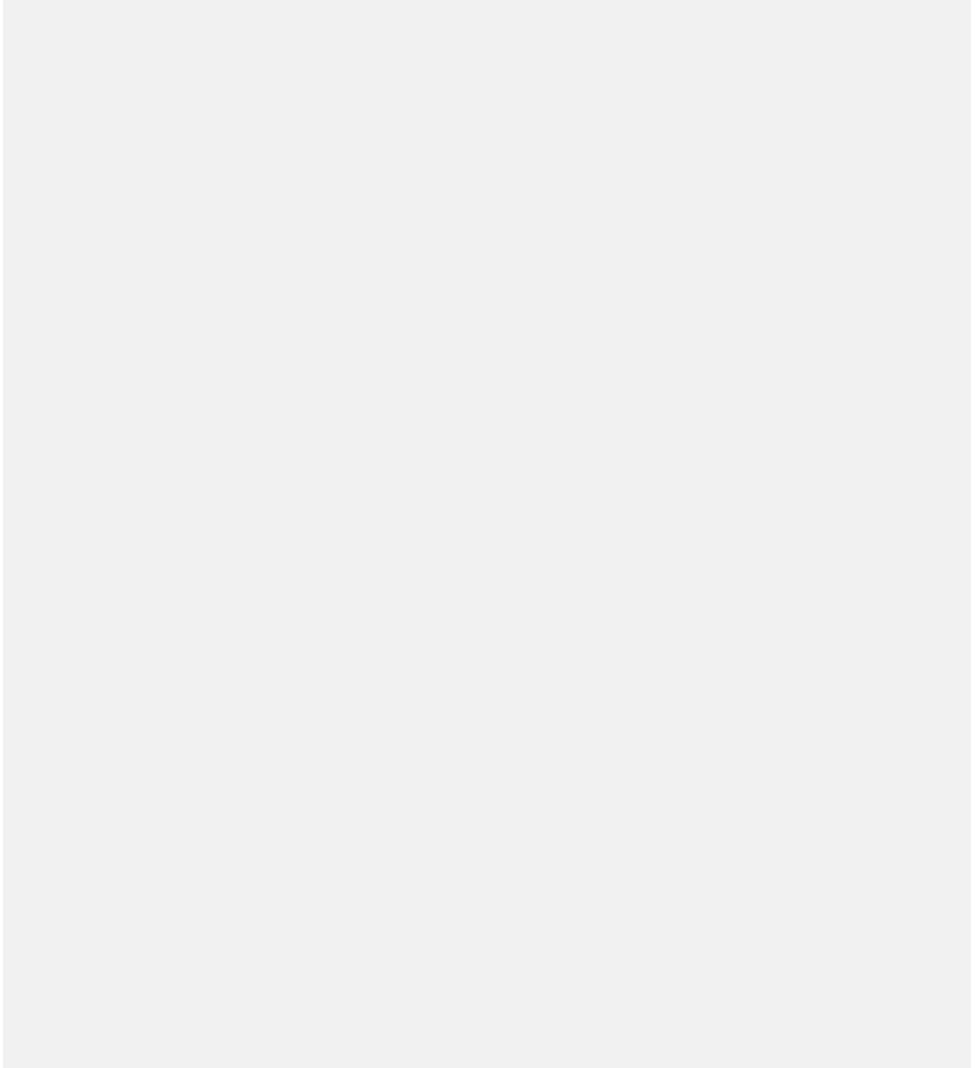
MY PERSONAL FORGIVENESS MANTRA

Please write below:



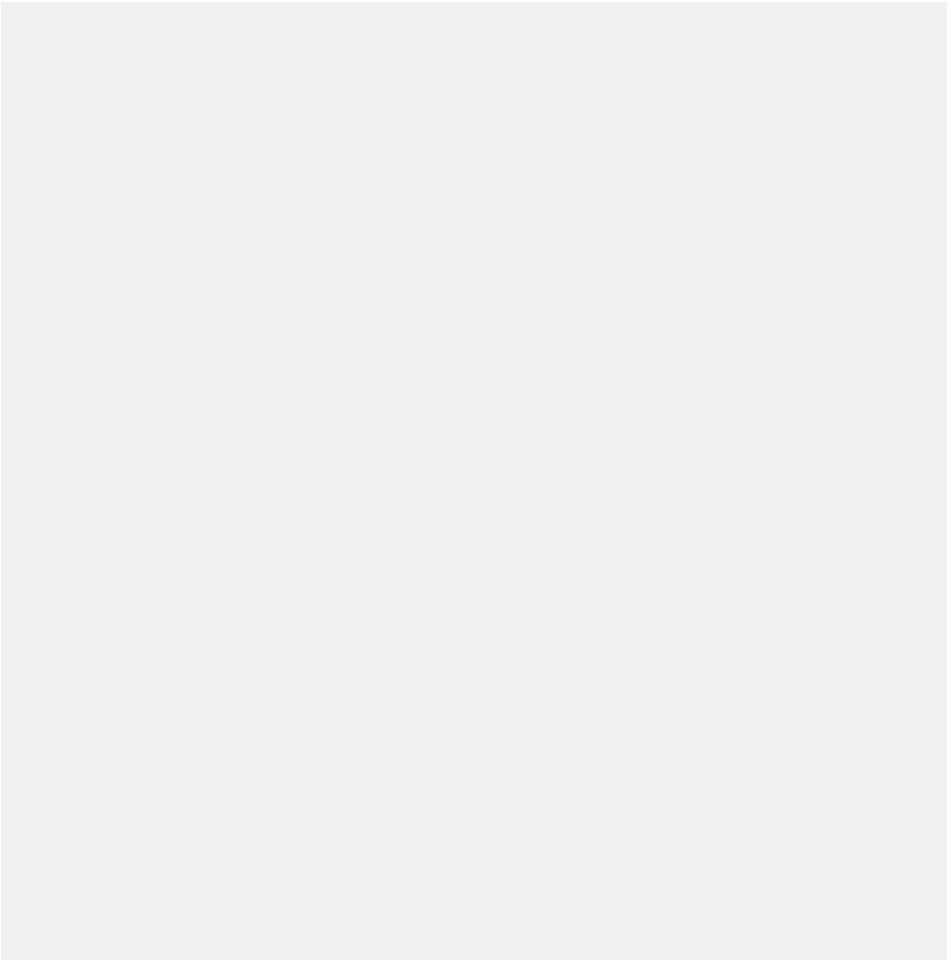
WHATHADHAPPENEDWAS

If you choose to write your #whathadhappenedwas, please do so in the space provided below. If you need additional space, feel free to use the workbook pages at the end of the book.



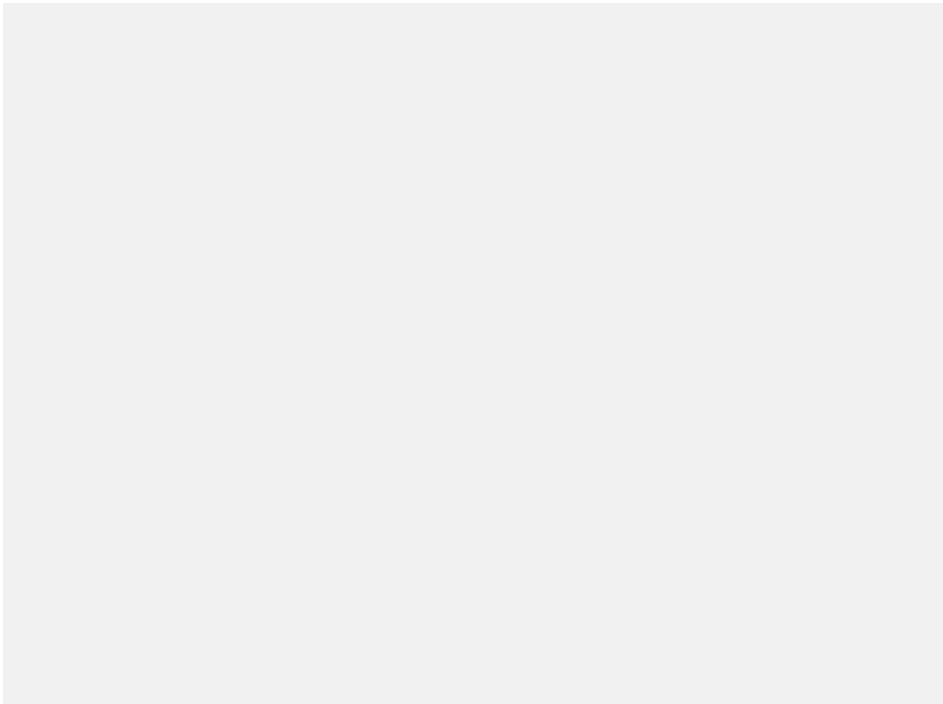
MONTHLY INCOME

Please jot down your income sources in the space provided below.



MONTHLY EXPENSES

Use the space below to jot down your monthly expenses. No need to be super fancy; just grab a pen or pencil and write. There are more sophisticated spreadsheets and journals for you to use at the end of the book. This task prompts you to be actionable while reading. It also helps you recall what you're learning.



LIARABILITIES

We now come to the liar-ability section! Write down the expenses in the space below that you should be paying but aren't, such as student loans, child support (shame on you), credit cards (you know, the ones from college that you forgot about), and any other expenses.

